

**Michelle Anne Bell, Psy.D.**

Licensed Psychologist  
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**CREDENTIALS**

- New York State Licensed Psychologist (License # 016072)
- New Jersey Certified School Psychologist
- New Jersey Certified Teacher of Spanish

**EDUCATION**

Rutgers the State University of New Jersey, New Brunswick, NJ

5/03: Doctor of Psychology, Graduate School of Applied and Professional Psychology (GSAPP).

5/01: Master's in Psychology, GSAPP, Program in School Psychology.

5/96: Bachelor of Arts, Rutgers College, Majors: Spanish and Psychology, Minor: Education.

8/94 – 8/95: Rutgers Junior Year Abroad, Universidad Autónoma de Yucatán, México.

9/88-5/92: The Madeira School, McLean, VA

**EMPLOYMENT AND PROFESSIONAL EXPERIENCES**

5/09 – present: Inwood Family Guidance & Psychological Services, PLLC, New York, NY.

**Owner/Bilingual Psychologist**

Provide bilingual (English/Spanish) psychotherapy services to children and adults as well as consultation services to local pre-schools, middle schools, and community-based organizations.

11/08 – present: NYC Medical Reserve Corps (NYC MRC), Department of Health & Mental Hygiene, New York, NY. **Resiliency and Emotional Support Team (REST) Volunteer.**

Provide disaster mental health services (i.e. psychological first aid, crisis counseling, information & referral) to individuals impacted by health emergencies, mass sheltering operations, and mass traumatic events.

1/06 – 8/14: Dept. of Graduate Education, Manhattan College, Bronx, NY. **Adjunct Professor.** Teach “Life-Span Development”, “Marriage and Family Therapy”, “Foundations of Mental Health Counseling”, “Practicum in Counseling”, or “Internship in Counseling” to graduate students. Hold weekly office hours. Develop curriculum for new and existing course offerings.

6/07 – 1/11: Health and Hospitals Corporation, Family Court Mental Health Services, Bronx, NY.

**Senior Psychologist.**

Conduct bilingual forensic evaluations for juvenile delinquency, neglect and abuse, and termination of parental rights proceedings. Conduct clinical interviews and psychological testing in English and Spanish with adults and adolescents. Provide crisis evaluations for the court to assess the need for immediate psychiatric hospitalization. Testify in court and provide expert testimony in Family Court proceedings.

2/06 – 6/07: New York State Psychiatric Institute, New York, NY. **Research Project Director.**

*Hispanic Treatment Program.*

Coordinate several research studies including managing budgets and organizing data. Assist in the grant writing process. Coordinate patient recruitment, IRB review process, and preparation of progress reports. Supervise research assistants and clinical interviewers. Conduct psychotherapy in English and in Spanish within a research protocol.

9/05 – 2/09: SUNY Optometric Center, LD Unit, New York, NY. **Bilingual Consulting Psychologist.**

Conduct bilingual Neuropsychological and Psycho-educational evaluations. Write reports and provide clients with feedback.

8/03 – 2/06: Children’s Hospital of New York Presbyterian, New York, NY. **Bilingual Psychologist and Co-Coordinator of the School Based Mental Health Training Program.**  
*School-Based Mental Health Program.*

Provide bilingual, psychological services to children and adults including comprehensive psychiatric evaluations, individual and group treatment, and consultation to teachers and staff. Write reports, discuss evaluations with clients, develop treatment plans, assess client functioning, and provide appropriate referrals. Coordinate services with multi-disciplinary school teams. Consult with other professionals regarding client/family needs and present cases in weekly group and individual supervision. Coordinate and oversee Case Managers’ work with clients. Supervise doctoral psychology externs. Lecture at Columbia University.

9/02 – 8/03: Children’s Psychiatric Center, Miami, FL. **Bilingual Psychology Intern.**

Provide bilingual, psychological services to children and adults. Conduct comprehensive psychiatric and psychological evaluations, and provide individual, family and group therapy. Write reports; provide feedback; and make referrals. Consult with other professionals on client needs. Provide consultation services to local community organizations. Conduct consultations at the Neuropsychological Clinic at Miami Children’s Hospital. Present and discuss cases during weekly individual and group supervision.

9/00 – 6/01: Roberto Clemente Family Guidance Center, New York, NY. **Bilingual Psychology Extern.**

Provide bilingual, individual, family and group psychotherapy to adults and children. Conduct comprehensive psycho-social evaluations.

6/99 – 8/00: University of Medicine and Dentistry of New Jersey, Piscataway, NJ. **Bilingual Therapist.**

Provide bilingual, weekly home-based individual, couple, and family therapy for high-risk teen-mothers participating in Healthy Families Program. Conduct psychological assessments. Advocate for clients to the NJ Division of Youth and Family Services. Consult with Family Support Worker.

1/99 – 6/00: Elizabeth High School, Elizabeth, NJ. **Bilingual School Psychology Practicum Student.**

Provide bilingual, psychological services to children, parents, teachers, and administrators. Conduct and report comprehensive psycho-educational evaluations. Consult with special education teachers about students, classroom management, and behavior modification. Assist Pupil Assistance Committees and Child Study Teams to develop Individualized Education Plans.

1/99 – 9/00: The Rutgers University Psychological Clinic, Piscataway, NJ. **Bilingual Student Clinician.**

Conduct intake interviews for clients (adult, child) referred for psycho-educational evaluations. Write reports and review findings with clients and parents. Provide weekly bilingual, individual behavioral therapy. Present and discuss cases during weekly supervision.

9/96 – 6/98: Edison New Jersey Department of Education, Edison, NJ. **Spanish Teacher.**

Taught Spanish at high school and middle school levels. Utilized behavior management strategies. Conducted traditional and alternative assessments for the evaluation of student progress.

#### **SPECIALIZED TRAINING**

- Advances in Dealing with Difficult Cases: Dialectical Behavior Therapy – New York Academy of Medicine, New York, NY
- Skills for Psychological Recovery Training: National Center for PTSD & National Child Traumatic Stress Network
- All Hazards Training for Mental Health Professionals: DOHMH

- Dialectical Behavioral Therapy for the Real World – Cross Country Education
- Counseling for Couples: Understanding and Improving Love Relationships – Cross Country Education
- Play Therapy and Beyond: Treatment Techniques and Strategies with Children and Pre-Adolescents – Cross Country Education
- Child and Adolescent Trauma Treatment Services Consortium: Family Engagement and Child Trauma Treatment - NYS Office of Mental Health (OMH) & NYS Psychiatric Institute (PI)
- Enhanced Project Liberty Services: Disruptive Behavior Disorders - NYS OMH & NYS PI
- FEMA/CMHS Crisis Counseling Assistance and Training Program – Project Liberty, NYS OMH
- Identification and Reporting of Child Abuse and Maltreatment – N.Y. State Education Department
- Training Program in Family Therapy Roberto Clemente Family Guidance Center, New York, NY

### **PUBLICATIONS**

Markowitz, J., Patel, S., Balan, I., Bell, M., Blanco, C., Yellow Horse Brave Heart, M., Buttacavoli Sosa, S., Lewis-Fernandez, R. (2009). Toward an Adaptation of Interpersonal Psychotherapy for Hispanic Patients With DSM-IV – Major Depressive Disorder. *Journal of Clinical Psychiatry*, 70(2), 214-222.

Patel SR, Gorritz M, Olfson M, Bell MA, Jackson E, Sánchez-Lacay JA, Alfonso C, Leeman E, Lewis-Fernández R. (2016). Training community-based primary care physicians in the screening and management of mental health disorders among Latino primary care patients. *Gen Hosp Psychiatry*, Jan-Feb (38), 71-78

### **PRESENTATIONS AND UNPUBLISHED MANUSCRIPTS**

McNamara, M. (10/2006, 10/05, 10/04). Nursery School Course: Engagement Strategies with Young Children. Classroom lecture at Columbia University, College of Physicians and Surgeons, New York, NY.

McNamara, M. (2004, November). Behavioral Modification in the Classroom. Training Sessions at the New York City Department of Education Public School 28, New York, NY.

McNamara, M. (2004, November). Behavioral Modification: Tenets and Practices. Classroom lecture at Columbia University, New York, NY.

McNamara, M. (2003, July). Trauma and the Human Experience. Rounds Presentation at the Children’s Psychiatric Center, Hialeah, FL.

McNamara, M. (2002, November). Use of Sand Tray: A Case Presentation. Rounds Presentation at the Children’s Psychiatric Center, Hialeah, FL.

Ward, P.; Inclán, J.; McNamara, M.; Hogue, A. (2002). “Assessment of Overweight and Obesity in Latino Children”. Unpublished manuscript, Roberto Clemente Family Guidance Center.

### **RESEARCH**

2/06 – 6/07: New York State Psychiatric Institute, RFMH, New York, NY. **Research Manager**  
Culturally Congruent Program of MDD Care for Hispanics.

2/06 - 6/07: New York State Psychiatric Institute, RFMH, New York, NY. **Research Manager**  
Collaborative Disaster Project in Washington Heights.

- 2/06-6/06: New York State Psychiatric Institute, RFMH, New York, NY. **Research Manager**  
Open Trial of Lamotrigine in Latino Outpatients with Somatization and Major Depression.
- 2/06 – 6/06: New York State Psychiatric Institute, RFMH, New York, NY. **Research Manager**  
Assessing Psychosis Screeners among Underserved Urban Primary Care Patients.
- 5/01 – 4/03: Rutgers University, Department of Psychology, Piscataway, NJ. **Principal Investigator**  
Doctoral Dissertation: Case Study of the Design, Implementation, and Formative Evaluation of a Program for Latino Children with Attention and Behavioral Needs and Their Caretakers.  
Committee Chairperson: Charles Maher, Psy.D.  
Committee Member: Nancy Boyd-Franklin, Ph.D.
- 5/00 – 6/00: Rutgers University, Department of Psychology, Piscataway, NJ. **Research Assistant**  
Program Evaluation: Plainfield Board of Education School Based Youth Services Program “Let’s All Learn: Schools and Community Educating to Prevent Developmental Disabilities”.

#### **OTHER PROFESSIONAL EXPERIENCE**

- 6/01 – 2/02: Children’s Village, Dobbs Ferry, NY.  
*The Early Impact Family Program, Family Specialist and WAIVER Program, In-Home Worker*  
Provide intensive bilingual home-based therapy for families in New York City.
- 5/99 – 3/01: Rutgers University, Piscataway, NJ.  
*Peace and Conflict: Journal of Peace Psychology, Assistant to the Editor*
- 9/90 – 8/96: Various professional employment: child-care, counseling, and congressional intern.

#### **HONORS AND AWARDS**

- GSAPP, Rutgers University, Piscataway, NJ.  
2001: Virginia C. Bennett Award - For Dedication to Minority Group Children in Coping with the Educational Process  
9/98 – 5/01: MAP Fellowship
- Rutgers College, Rutgers University, New Brunswick, NJ.  
1996: Phi Beta Kappa - National Honor Society  
1995: Golden Key - National Honor Society  
Sigma Delta Pi - National Spanish Honor Society  
Phi Sigma Iota - National Foreign Language Honor Society

#### **PROFESSIONAL MEMBERSHIPS**

American Psychological Association  
American Association for Marriage and Family Therapy  
Association of Hispanic Mental Health Professionals

#### **INTERNATIONAL EXPERIENCE**

**Living:** Mexico, Colombia, Zaire (D.R. of the Congo), Soviet Union (Russia), Ecuador, Guatemala.  
**Other Travel:** Egypt, Israel, France, Spain, Italy, Austria, Czech Republic, United Kingdom, Ireland, Australia, Thailand, Curaçao, Dominican Republic, Switzerland.

REFERENCES AVAILABLE UPON REQUEST